

Welcome to the Beginners Aquaponics Workbook!

We designed this workbook as a step-by-step guide to help people who are interested in setting up their own aquaponics system in the backyard. The workbook was created to work as a guide for beginners by providing detailed explanations of how to design, build and maintain an aquaponics system. Each section features exercises that complements the information provided and to help get the creative thinking flowing. We also developed the workbook so it could also act as a reference and resource book into the future.

Alfcon started his aquaponics business so that he could share his passion and belief in aquaponics as the future of food production. We both believe in the benefits of sustainable and ethical food practices and want to see people do it for themselves in their own backyards. We believe that this kind of self-sufficiency will help individuals, families, communities and ultimately the world.

We hope that you enjoy this workbook and always appreciate constructive feedback as well as stories from people about their designs and set-ups. Please visit us at the website: <http://alfconsaquaponics.com.au/> or on Facebook: <http://www.facebook.com/alfconsaquaponics> and share your stories with us!

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Alfcon's Aquaponics